

CCA in ACSJ

ACSian Outcomes

- School Values
- R²EAP traits

Commitment (to the team)

- Team player
- Servant leader
- Community builder

Skills

- CCA-specific skills
- Mental skills



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A Methodist Institution
(Founded 1886)

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Uniformed Groups

Cadet Scouts

The Boys' Brigade

Performing Arts

Choir

Concert Band

Junior Vibez

String Orchestra

Clubs & Societies

Art Club

Chess Club

Chinese Club

Christian Fellowship

Science Club

ACSplore (Modular Sports)

Individual Sport

Badminton

Sailing

Table Tennis

Tennis

Tenpin Bowling

Team Sport

Football

Rugby

Basketball

Hockey



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Rationale

ACSplore is aligned with the national direction of:

- Preventing early specialization and burn-out in youth sports
- Developing a strong foundation for broad-based development
- Reducing the stakes of competition

Instead of the Recreational Sports CCAs, ACS(J) will offer modular sports CCA programme to all Primary 3 and Primary 4 pupils - **ACSplore**



More information on
<https://acsj.moe.edu.sg/our-ccas/acsplore-modular-sports-cca>

What sports will my son learn during ACSplore

- Each pupil will choose an individual sport and a team sport
- Each sport to span over 12 to 15 weeks (one semester).
- Example : Semester 1 - Badminton, Semester 2 - Hockey

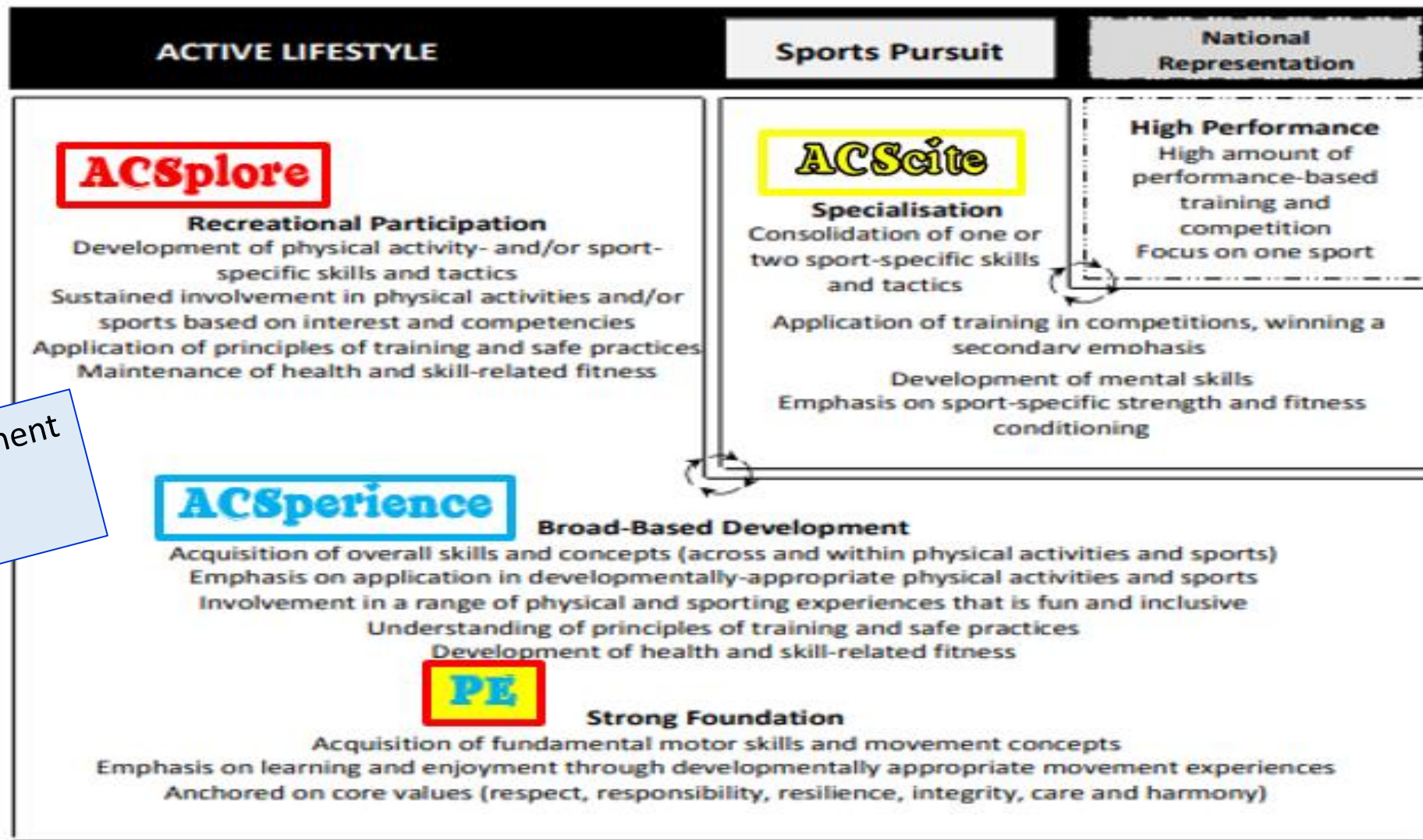
Individual Sport	Team Sport
Badminton	Football
Table Tennis	Rugby
Tennis	Basketball
Tenpin Bowling	Hockey
Sailing (TBC)	



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Age-appropriate development
 Broad-based exposure
 Changing mindsets

Adapted from MOE 2014 PE Syllabus, Physical Education & Sports Development Framework



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External CCA (Sports)

- To reduce the risks of overtraining for boys who train outside of school.
- 2020 onwards → All sports governed by National Sports Association

More information on
<https://acsj.moe.edu.sg/our-ccas/external-cca>

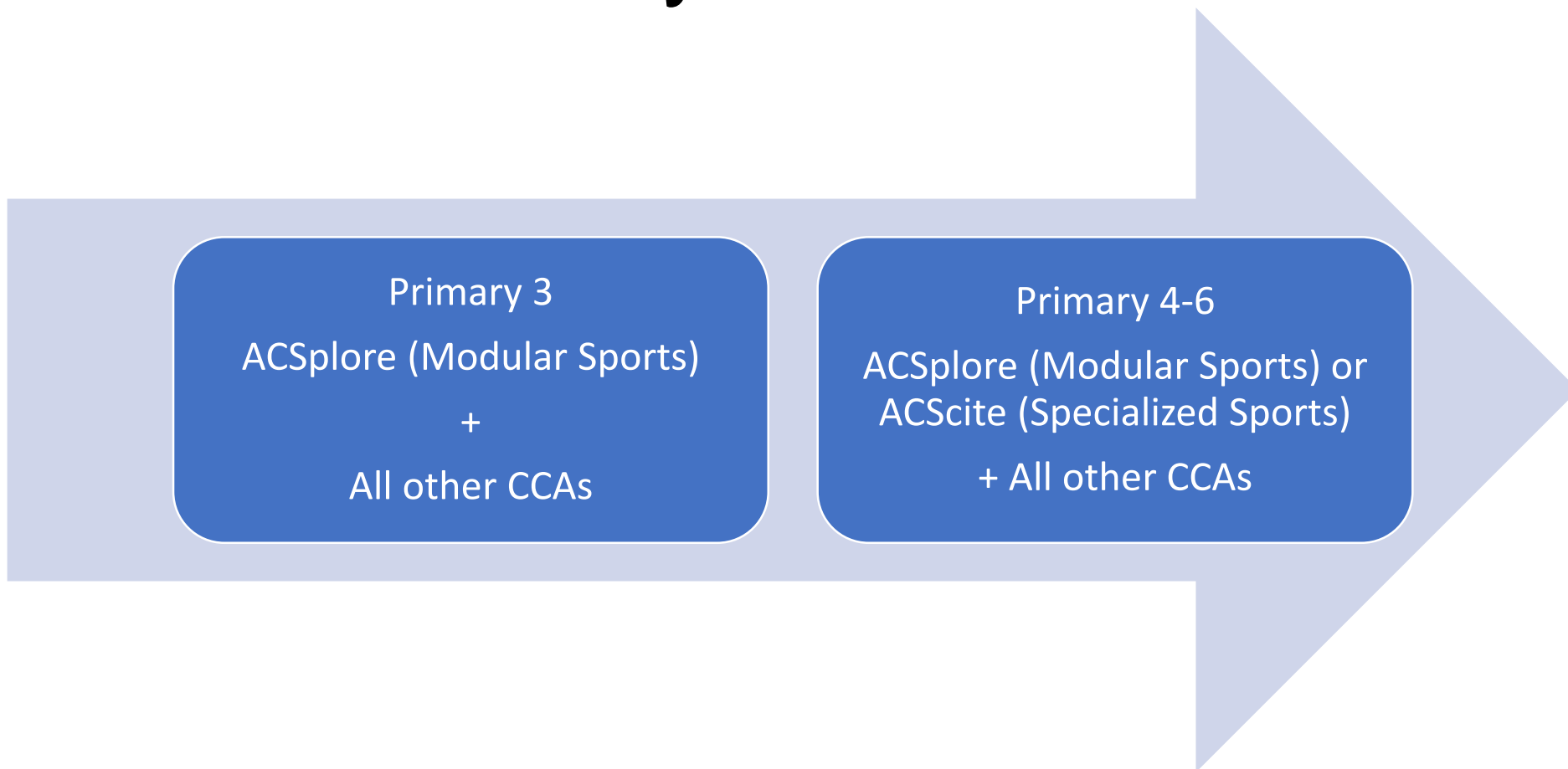


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CCA in the next 4 years



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CCA Registration Timeline

CCA Rollover

CCA membership is automatically rolled over.

Phase 1 (November)

Boys who want a new/change of CCA will register.
Parents are informed of Phase 1 allocation results by 31 Dec.

Phase 2 (January)

5 Jan - Boys and parents who missed Phase 1 are reminded to register in Phase 2.
Parents are informed of allocation results by 17 Jan.

Confirmation of Membership

17 Jan – Parents will receive welcome letter from CCA teachers with details.
24 Jan – CCA starts



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CCA Key Personnels

- Ms Chen Xinhong, HOD (PE/CCA)
- Mr Alwyn Tan, Subject Head (CCA) – ACSplore & External CCAs
- Mrs Gloria Chia, Subject Head (Aesthetics) – Performing Arts & Art Club



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