

# Anglo-Chinese School (Junior)



A Methodist Institution  
(Founded 1886)

Our **Track & Field Meet** will be held on 11, 15 and 16 January 2018 at ACJC. Primary 4 to Primary 6 boys who wish to participate in the meet must read the rules carefully before filling in the attached form.

## INDIVIDUAL EVENTS FOR EACH LEVEL

LEVEL	TRACK					FIELD	
	100m	200m	300m	600m	1500m	Long Jump	Shot Put
Pri. 4	*	*	*	*		*	*
Pri. 5	*	*	*	*	*	*	*
Pri. 6	*	*	*	*	*	*	*

The 4 x 100m Inter-House Relays and 8 x 60m Inter-Class Relays will be taking place in school as part of the boys' class and house activities later in the school year. Selection for these relay events will be done by the PE teachers during curriculum hours.

## RULES

- Each pupil can only participate in a maximum of 3 individual events selected from both the Track as well as Field discipline, excluding the relays. If 3 events are selected, 1 event must be from another discipline, i.e. if 2 track events are selected, the 3<sup>rd</sup> must be a field event.
- There must be a minimum of 4 entries before an event can be run. Prizes will be awarded to the top 3 winners.
- The completed Entry and Consent Form must be handed in to the Letter Box marked 'Track & Field Meet' at the school reception by **5.00pm, Thursday 4<sup>th</sup> January 2018. Incomplete and late entries will not be accepted.**
- The individual events will be held at ACJC based on the start list, which will be announced by 8<sup>th</sup> January. Depending on the number of participants, the events will be at 2.45p.m. on 11<sup>th</sup>, 15<sup>th</sup> and/or 16<sup>th</sup> January.
- For pupils who are in any CCA school teams, please take note that there may be a clash in the competition schedule and the dates of our Track & Field Meet. We seek your support that in the event that there is a clash, school representation comes first.
- Selection of pupils to represent the school in the National School Games Track & Field Championships will be based on the timings they clock in their respective events at the school meet. In the event a pupil is unwell or injured and is thus unable to participate in the school meet, the school will consider his timings at the most recent Singapore Athletics Association-sanctioned meets for school team selection.

Ms Chen Xinhong  
Track & Field Meet I/C



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**TRACK & FIELD MEET ENTRY AND CONSENT FORM**

Name of Pupil (in Block Letters) : \_\_\_\_\_

Class : P \_\_\_\_\_

House : OLD / THO / TTK / GHK / CKS / LSG / SVM / TCT (Please Circle One)

I wish and consent to my son participating in the ACS(J) Track & Field Meet in the following individual events:

1. \_\_\_\_\_

2. \_\_\_\_\_

3. \_\_\_\_\_

Name of Parent: \_\_\_\_\_

Relationship to Pupil: \* Father / Mother / Guardian

Contact No. in case of emergency: \_\_\_\_\_

Email: \_\_\_\_\_

Any pre-existing medical conditions: \_\_\_\_\_

Parent's signature: \_\_\_\_\_

Date: \_\_\_\_\_